

Positive Life Haven COVID 19 Policy and Protocol

Please read this email in its entirety.

COVID-19 is still a very serious matter and to ensure the safety of myself, staff, clients, students and customers, we will continue to treat it as such.

We respect everyone's sovereign FREE WILL as it relates to their personal choice to get vaccinated or not. The Haven is a judgement free space and we ask all students to join us in non-judgementalism and respect of all students/classmates.

Upon arrival to class, all students will be required to sign a COVID-19 Liability Waiver Release form.

It is our intent to continue very thorough preventative measures to reduce the spread of Coronavirus/Covid-19 at the Haven.

All provided supplies are cleaned and sanitized. We will ensure you have access to proper sanitizing tools for your use during class, such as hand sanitizer and wipes.

Masks are encouraged during practice time.

We will continue to stay abreast of any Public Health Orders instructed by the Ohio Department of Health.

During practice time, please respect your partner's request to put on and wear a mask.

Failure to honor your partner's request will result in being dismissed from class.

We will take frequent breaks for fresh air, refreshment and to keep the energy moving throughout our bodies and the space.

We respectfully ask you to stay in-tuned to how you're feeling a few days leading up to and the morning of the class. Remember, we will host many more classes which you can be placed in.

Let's all remain safe!

So, please do not come to class if you are generally not feeling well or are experiencing ANY of the following:

- Congestion, runny nose
- Sore throat
- Cough, sneezing
- Fever or chills
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Nausea or vomiting
- Diarrhea

If you have traveled internationally or to a highly impacted area within the US in the last 14 days, you've had COVID (diagnosed/suspected/self-diagnosed) or been exposed to someone with a suspected and/or confirmed case of COVID-19, please let us know by disclosing immediately.